

Rixse Pool Schedule									
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Fall-Winter	
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Monday and Wednesday	
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Hours	Ramp	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	DW	
6:00		PUBLIC LAP SWIM				Potomac Marlins Swim Team 6 - 7:30 am	L4 Masters 6-7:30 am				
6:30											
7:00											
7:30											
8:00											
8:30											
9:00		Aqua Aerobics 9-10am				PUBLIC LAP SWIM				PUBLIC AQUA JOGGING	
9:30											
10:00											
10:30	Learn to Swim 10:45 - 1:50 pm Mon only & WE Aquatics Programs			PUBLIC LAP SWIM				Water Exercise for Seniors 10:15 - 11 am Wed only			
11:00											
11:30											
12:00											
1:00											
1:30	WE Aquatics			SSSA Swim Team 1:45 - 3 pm. November 4- February 23				L4 Masters - 12:30-1:30 pm			
2:00											
2:30											
3:00											
3:30											
4:00	Learn to Swim Group and Individual Programs 4-8:45 pm			TC Williams Swim and Dive Team 4 - 6 pm. November 7 - March TBD NO LAP LANES AVAILABLE				TCW Water Polo Mondays 10/1 -4/1			
4:30											
5:00											
5:30				PUBLIC LAP SWIM			Potomac Marlins Swim Team 4:30 - 8:30 pm				Deep Water Aerobics 6:30 8:15pm
6:00											
6:30											
7:00											
7:30											
8:00											
8:30											
8:45											

Rixse Pool Closes at 8:45 pm; Chinquapin Center Closes at 9 pm

Please note: schedule subject to change. Please call 703-746-5553 to confirm availability Updated cb 9/22/16

Tuesday and Thursday

Rixse Pool Closes at 8:45 pm; Chinquapin Center Closes at 9 pm

Please note: schedule subject to change. Please call 703-746-5553 to confirm availability Updated cb 9/22/16

Rixse Pool Schedule	
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Fall-Winter	
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Friday	
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Hours	Ramp	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	DW
6:00						Potomac Marlins Swim Team 6 - 7:30 am	L4 Masters 6-7:30 am			
6:30										
7:00										
7:30										
8:00										
8:30										
9:00		Aqua Aerobics 9 -10 am								
9:30										
10:00	Recreation Swimming	WEAquatics		PUBLIC LAP SWIM						PUBLIC AQUA JOGGING
10:30										
11:00										
11:30		NVCC PE Class 11a -1p begins TBD								
12:00										
1:00										
2:00										
2:30										
3:00										
3:30										
4:00		Therapeutic Rec 3-5pm Fridays					L4 Masters - 12:30-1:30 pm			
4:30										
5:00		WEAquatics	Individual Swim Lessons							
5:30										
6:00										
6:30		Therapeutic Rec 3-5pm Fridays					ACDS Swim Team TBD			
7:00										
7:30										
8:00										
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9:00										
9:30										
10:00		Individual Swim Lessons	No lap lanes available 4 pm -5 pm			Potomac Marlins Swim Team 4:30 - 5:45pm 4 Lanes				
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Rixse Pool Closes at 5:45 pm; Chinquapin Center Closes at 6 pm

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Saturday	
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Hours	Ramp	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	DW	
8:00	Learn to Swim Program						PUBLIC LAP SWIM	Potomac Marlins		NOVA Synchro 9 am - 11 am	
8:30											
9:00											
9:30											
10:00											
10:30											
11:00											
11:30											
12:00	Recreation Swim/Parties/Walking										
1:00											
2:00										WE Aquatics 2:30-3:30 pm	Kayak Rolling 3:30 - 5:30 pm TBD
3:00											
4:00										Parklawn Swim Team 3:30-5:30 pm	
5:00											
5:45											

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Sunday	
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Hours	Ramp	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	DW
8:00	Learn to Swim Lessons							Capital Sea Devils 8:30-9:30 am		
9:00										
10:00										
11:00										
12:00	Recreation Swim/Parties/Walking					PUBLIC LAP SWIM		Wahoos Swim Team 11 am - 12 noon	Atlantic Edge or Blue Octopus Scuba	
1:00								Special Olympics 12 noon - 1 pm.		
2:00								Dowden Terrace Swim Team 2:30 - 4 pm Begins TBD 2017		
3:00										
4:00										
5:00										
5:45	L4 Masters 4:30 - 5:30 pm									

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Rixse Pool Schedule	
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Fall-Winter	
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Winter "Break" Weekdays between December 19 - 30

Hours	Ramp	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	DW			
6:00		PUBLIC LAP SWIM				L4 Masters T & Th 6-7:15 am	L4 Masters 6-7:30 am						
6:30													
7:00													
7:30													
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8:30													
9:00		PUBLIC AQUA JOGGING											
9:30													
10:00													
10:30	Center closed on December 24, 25, and January 1 December 26 & January 2 Center hours: 6 am. to 6 pm.									TCW Swim Team 10:30-11:30 am Dec 22 & Dec 26, 27, & 29			
11:00										SSSA Swim Team 11:30-12:30 pm Dec 19-29			
11:30													
12:00													
12:30													
1:00		PUBLIC RECREATION SWIMMING				L4 Masters - 12:30-1:30 pm			NV POOLS LGT Class Dec 29 11am - 4pm				
1:30													
2:00													
2:30													
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3:30													
4:00		TC Williams Swim and Dive Team 4 - 5:30 pm. Dec 19 & 20											
4:30													
5:00													
5:30													
6:00						Potomac Marlins Swim Team 5:30 - 8:45 pm Dec 19-22				PUBLIC AQUA JOGGING			
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8:30													
8:45													

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